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Meditation
"The Master in the Heart"

Real Objective: - Let a man

I Visualize the three vehicles of lower man, - physical, emotional, and mental, - aligned and in rapport with the overshadowing soul.

II Sound "Om" three times

The first time you are cleansing
mental body of all cluttered
thought forms

The second little louder
and stabilize the emotional body
and the third louder, aligning the
physical body and bringing all three
into harmony

III Obligation:

calmly pledging self

IV All of the three heart centers
and picture it as a twelve petalled
golden lotus closed.

Sound the "Om" silently and imagine the lotus slowly expanding and unfolding in response to that inner sound until the inner center is seen as a radiating whirlpool of blue electric light.

Now build in the center, a picture of the Master in the Heart. Build it with care, love and attention, realising the Master as embodying your ideal of the higher Consciousness, of all virtues, and scintillating with the colour and radiance of your longing.

I Meditation

Now raise your consciousness into the head in the ethereal center between the eyebrows and meditate on this seed thought...

"The will of the soul becomes my will. I know no other. That will is love and peace and strength to live. It leads me. It has led me. It has made me to the Cross and the Resurrection. It has only come to raise and lift my fellow men."

To Be Light
To Go Forth and Spread the Light



Group Development

Level I

1. Self Awareness
2. Self Understanding
3. Self Development
4. Spiritual Insight

Equips a group
to work together
in Union

Level II

The members of these groups must be mature souls who are ever-working for improvement of self, outside of the group, they must have established an external knowledge, foundation of extensive knowledge and have somewhat stabilized themselves physically, emotionally and mentally.

1. Group Unity & Love
2. Group Purpose
3. Group Service
4. Group Development

Serving as a Group to accomplish -

1. Self - a specific part of the Great Plan
of the Development of Humanity

Level III



initial
purpose

group forming of level I
and entering of group of level II
with the first purpose giving
the group to have a complete
purpose that is study + serve
and in accomplishing it - make initiation

Then a new purpose high step of
that purpose with -
when 4th is reached (Christ Body)

of group is developed and

Lord Mission - and with this comes

using the developed Body

to teach group about

and various spiritual

- accepted more on less please

etc.

YOU EXCEPT THIS CHALLENGE

~~book~~

Purpose - Intentions -

Purpose " "

" "

" "

" "

Birth of church } Purpose Intentions
of Christ } Spirit

when all

seven accomplished
musters appear
in Christ body
developed

when Christ Body developed
muster uses body to develop
at high level in teaching
and how to work more on other
side w/ in spirit

Group Energy helps to get more done
together than if we were alone
doing same.

Find ourselves - within

Healing -

Working on other side

Healing on Physical
Emotional
Mental
Spiritual

- helping those in hospital -

Grow spiritually until at the very least
our lives reflect the Christ Light
so much that it will draw others to
it

To Become w/ Light

To Be Light

To Go Forth and Spread the Light

For decades mankind has observed and questioned the events that have taken place in the Bermuda Triangle. What is the cause of these strange occurrences and what happens to the people and crafts that seemingly disappear without a trace? Are the events caused by some natural force, by some extraterrestrial force, or by some manmade force?

But lets look at some of the events that have happened over the last few years and then see if we can come up with an explanation. Over the past few hundred years there have been several recorded events of boats, cargo, and people disappearing without a trace. Here I want to point out just a few of the events to give you an idea of what does take place. Flight 19

at 2:10 PM. December 5, 1945 four B-17s took off from the runway of the Fort Lauderdale Naval Air Station and winged their way into the greatest aviation mystery of all time an event that was later to be called the "Mystery of the Skies." Flight 19 was scheduled for a routine patrol - 160 miles straight east, north 40 miles,

ther 120 miles directly back to base. Total time
was estimated to be two hours. Avenger normally
carried a crew of three, counting the pilot, but
one man failed to show that day. The other 14
crewmen who went out ~~were not to return~~.

The first message from the patrol came
at 3:45, the time they were to have requested
landing instructions. Instead, they sent a
strange message:

"Contact town, this is an emergency." "We
seem to be off course. We seem to be lost.
repeat, we seem to be lost."

"What is your position?" the town said.
"We're not sure of our position," replied the
patrol leader, "We can't be sure of where we are.
we seem to be lost."

This seemed quite impossible to those
on the ground because they needed to do was
fly directly toward the sun, which was then
approaching the horizon; nothing could have
caused the coast to move to them. But from
the message it appeared that the sun was
impossible to them.

For several minutes conversation took place
and about 4:25 the leader called the town,
"We're not certain where we are. We must be about

325 miles north east of base - it looks like we are..."

Then silence

A giant Martin Mariner flying boat with a crew of 13 immediately took off for Flight 19th but estimated position. Equipped with full survival & rescue gear, the plane was able to land on the roughest of seas. The town called the flyers to let them know help was on the way, but received no reply.

The Mariner sent several routine radio reports indicating that it was approaching the position of the five Avengers but could not yet see anything. Then, an ominous silence preceded the town as the controllers waited for further messages from the rescue plane. None ever came.

This is the most famous of the known disappearances. But there are others. Many others. The British York Transport Feb 1953

The Marine Sulphur Queen Feb 1963

C119 Flying Boxcar June '65

Witchcraft Dec. 17

Scorpio May '68

Now lets look further and see if we can determine what is the cause of these events. In order to get a complete understanding of the happenings we will have to divert our discussion for a moment from the Bermuda Triangle and delve into metaphysical philosophy.

There is a phrase, "As above so below, and as below so above." Such is the case throughout the universe. Within the Microcosm of man can be seen the Macrocosm of the universe.

When you begin to study man, both physical and spiritual man, you soon come across the teaching concerning the Chakra System within man. The Chakra System is an intricate system of Vortices of energy which manifest itself on the spiritual double etheric body and envelope around physical body. Through the Chakra System, energy from the spiritual bodies of man are stepped down of feed into the physical body) life giving and life sustaining energy.

to maintain a physical expression. The chakras correspond with and overlap certain major organs and glands. There are 7 major and 6 minor chakras with tens of other minor pressure points. It is through the nervous system and Chakra system that the spirit of man makes and maintains its contact with its physical expression, the human body.

Now for a moment lets again go back to our original discussion on the Bermuda Triangle. Many theories have been set forth over the years as to the why of the Triangle. Many say that beneath the waters of the Atlantic lies the ruins of the Atlantean Civilization and that among the ruins lies a large crystal. This crystal was used by the Atlanteans as a source of energy for transporting crafts as well as energy for weapons and many other uses. It is believed that the crystal is still active and at times becomes activated and

at that time send forth its rays
of energy which disintegrates
physical matter and returns it
back to its original pure energy
state of being.

Another theory concerning the
events, is the belief that extraterrestrial
beings are creating certain conditions
which transport men and craft
into another place and possibly
time. I am not sure and the
results we can only guess. Thirdly
to observe and conduct test. But if the
is the case, why pick certain areas
such as Bimini triangle and why have
it during only certain periods of the year
when the event of disappearance is higher
than in other periods. For instance more
disappearance occurs during November
December and January than any other time.
If it is extraterrestrial life creating the
phenomena, why couldn't the objects
existing over any area with earth
and limit themselves to an area of water
(that until a few years ago went even)
travelled that much.

yet another theory is that there is a doorway, a natural phenomena or man-made in one or two known. A doorway to where the dimensions beyond this one. Possibly, yes, but again we get into questions. What is the cause of this doorway, where does it lead, what happens to the people and items that pass through it, and why, if this is a doorway does it appear to be one way, allowing one to go through from the 3rd dimension to the 4th, but not something passing through from the 4th back to the 3rd? Also, why would this doorway have the same action at one time during the year and inactive in other? Also, if this is a doorway into dimensions beyond, why is it that sometimes people and craft disappear and yet other times only people disappear and the craft remain? Or sometimes, people will disappear but not the craft and other times the craft will disappear but not the people? Can this doorway be selective? Can it really a process of selection?

Others theorize that the loss at sea is caused by violent storms which destroy everything in its path, leaving no trace of ship, people, or cargo. I take it is the case, why isn't some form of oil slick or some trace of the ship found? Also has it not been that people and animals disappear from a ship, leaving a ship in good shape? Some say the people were thrown overboard, which might be possible, but a violent sea is necessary in order for that to happen. If that is the case, why have there been cases where a table set with warm food has been found and yet no one aboard. A violent sea surely would have dumped much of the food, yet the case is just the opposite, everything on board is where it belongs.

Now I want to present to you what I feel is taking place in the Bermuda Triangle or elsewhere in the world. I say elsewhere, because there are twelve such areas on the earth where events like those in the Bermuda Triangle take place. The Bermuda Triangle is so well known

to us here in the states because it is the
one closest to home. The one in the
Indian Ocean is just as well known in
that part of the world and is just as much
avoided. But now on with my theory.

Earlier I talked on the Chakra System
of man and I also stated "As above so below".
The microcosm of man is a reflective
copy of the macrocosm of the universe.
Within the makeup of Spiritual, Mental,
Emotional, and Physical Man is the
reflection of the creation and existence
of the universe.

Man's beginning stems from a state
in spirit within the Monadic planes.
It is from this point of being that
an extension is sent out into the Universal
physical expression to experience and grow
the knowledge obtained. Such also is it
within the Universal being. Within
our Solar System